

# WHERE TO FIND bergen health & life

## UPSCALE HOMES

**Bergen Health & Life** is delivered to outlets in Bergen County, and is mailed selectively to more than 61,000 upscale homes.

## COMMUNITY EVENTS

**Bergen Health & Life** is also available at many Bergen County community events at high-impact locations including:

### CLIFFSIDE PARK

Villa Amalfi

### CLOSTER

CGI Holistic Fitness Center  
CORE Fitness

### CRESSKILL

Griffin's

### EDGEWATER

Baumgarts Restaurant

### ENGLEWOOD

Baumgarts Restaurant  
Benzel Busch Motor Car Corp.  
On Track Activewear  
The Gym

### ENGLEWOOD CLIFFS

Paragon Credit Union

### FAIR LAWN

BRC Saunas & Spas

### HACKENSACK

Feminine Fitness

### HASBROUCK HEIGHTS

Ivy Inn

### HILLSDALE

The Cornerstone Restaurant

### HO-HO-KUS

Abbott & Caserta Realtors  
The Hair Designers

### MAHWAH

Paragon Credit Union

### MONTVALE

F. Silverman Jewelers  
Montvale Gourmet  
Montvale Rehab & Spinal Care Ctr.  
Paragon Credit Union  
The Gym

### NORTHVALE

Hennessy Tavern  
Madeline's Petit Paris

### OAKLAND

Excel Orthopedic Rehab  
Paragon Credit Union

### OLD TAPPAN

Massoyan Jewelers

### ORADELL

Cool Beans Café

### PARAMUS

Bergen Jaguar  
Light My Fire  
The Diamond Exchange

### PARK RIDGE

The Park Steakhouse

### RAMSEY

Advanced Hearing  
EAPI/Kinetic PT  
Luxe European Salon & Day Spa

### RIDGEWOOD

Baumgarts Restaurant  
Town & Country Apothecary

### TEANECK

Amarone Restaurant  
Classic Residences by Hyatt  
Glenpointe Marriott

### TENAFLY

Clinton Inn Hotel  
Fuel Fitness  
Floor & Décor  
JCC on the Palisades  
Oxygen Fitness Club

### WESTWOOD

Laviano Jewelers  
Mara's Café  
Paragon Credit Union

### WOODRIDGE

Martini Grill

### WYCKOFF

Devon Fine Jewelry



www.BERGENHEALTHANDLIFE.com

### Edward Burns

GROUP PUBLISHER

201-782-5306

edward.burns@wainscotmedia.com

### Doug Barker

REGIONAL ADVERTISING DIRECTOR

201-573-5557

doug.barker@wainscotmedia.com

**wainscot**  
CUSTOM MAGAZINES & WEBSITES

110 SUMMIT AVENUE

MONTVALE, NJ 07645

FAX: 240-269-7395

www.WainscotMedia.com